

Greetings New Horizons members

September is upon us once again, and our activities are starting up again for the fall. Please check the attached calendar to see when your favourite activity is starting up. In particular, Table Tennis resumes Sunday play on September 6, Motion Therapy resumes on September 10th, and Monday Bridge starts again on September 14. Plus Macrame will again be offered one Tuesday each month, starting September 15 at 10am.

Our Community Learning series this month will feature Lorne Mann and Lisa Berry Vander Heide talking about Wills and Estates on September 22 at 11am. As with our August presentation, and all future Community Learning events, we are waiving the usual \$2 participation fee, although we will accept donations to help cover our costs. But we do not want anyone to stay away because of cost.

And our first monthly Saturday dance of the season will be on September 26, featuring the music of Gerhard/Links. Tickets are \$25 and available at Public Vinyl.

And stay tuned for exciting new events starting in October, like Euchre on Thursday evenings plus Yoga and Balance & Strength with Martial Arts. And our Tuesday dance will resume next month, as will Watercolours one Tuesday each month. Look for details in our October email or reply to this email for more information.

Your New Horizons Team