

# New Horizons Activity Schedule March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Table Tennis 2-4pm \$3	2 Motion Therapy 10-11am \$2 Bridge 1-4pm \$3	3 * Lecture Hospice Society 10am \$2 * Social Dance 2-4pm \$7 * Crib Tournament 6-9pm \$10	4 Table Tennis 10am-noon \$3 Casual Bridge 1-4pm \$3	5 * Motion Therapy 10-11am \$2 * Bridge 1-4:15pm \$3 * Country Dance Workshop 7-8:30pm \$2	6 Table Tennis 10am-noon \$3 Kat's Stretch Yoga 12:45-2pm \$2	7 
8 Hey Creston, Don't change your clocks today! Table Tennis 2-4pm \$3	9 Motion Therapy 10-11am \$2 Bridge 1-4pm \$3	10 * Monthly Macrame 10:30-noon \$4 * Social Dance 2-4pm \$7 * Cribbage 6:30-9pm \$4	11 Come see us at New Horizons Monthly Meeting 10am Casual Bridge 1-4pm \$3	12 * Motion Therapy 10-11am \$2 * Bridge 1-4:15pm \$3 * Country Dance Workshop 7-8:30pm \$2	13 Table Tennis 10am-noon \$3 Kat's Stretch Yoga 12:45-2pm \$2	14 Karaoke 6:30-8:30pm Members \$2 Non-Members \$3
15 Table Tennis 2-4pm \$3	16 Motion Therapy 10-11am \$2 Bridge 1-4pm \$3	17 * Watercolours Sign-up Required 9:30-12 \$4 / \$16 * Social Dance 2-4pm \$7 * Cribbage 6:30-9pm \$4	18 Table Tennis 10am-noon \$3 Casual Bridge 1-4pm \$3	19 * Motion Therapy 10-11am \$2 * Bridge 1-4:15pm \$3 * Country Dance Workshop 7-8:30pm \$2	20 Table Tennis 10am-noon \$3 Kat's Stretch Yoga 12:45-2pm \$2	21 
22 Table Tennis 2-4pm \$3	16 Motion Therapy 10-11am \$2 Bridge 1-4pm \$3	24 * Sing-A-Long 10:30-noon \$2 * Social Dance 2-4pm \$7 * Cribbage 6:30-9pm \$4	25 Table Tennis 10am-noon \$3 Casual Bridge 1-4pm \$3	26 * Motion Therapy 10-11am \$2 * Bridge 1-4:15pm \$3 * Country Dance Workshop 7-8:30pm \$2	27 Table Tennis 10am-noon \$3 Kat's Stretch Yoga 12:45-2pm \$2	28 Spring Dance With DJ Ian Doors open 6:30 Dancing 7pm \$20 in advance \$25 at the door
29 Table Tennis 2-4pm \$3	30 Motion Therapy 10-11am \$2 Bridge 1-4pm \$3	31 * Social Dance 2-4pm \$7 * Cribbage 6:30-9pm \$4		www.crestonnewhorizons.ca info@CrestonNewHorizons.ca or call Sandi at 250 428-2423 Rotacrest Hall 230-19 <sup>th</sup> Ave		2026