



Welcome to Table Tennis !

We are one of the many activities supported by Creston Valley New Horizons Seniors Society at Rotacrest Hall.

To help provide a safe and enjoyable experience for all, there are a few guidelines participants should be aware of. Thank You for supporting this goal.

FOOTWEAR

Please wear shoes with non-marking soles to play. To ensure the safety of you and others, we ask you to change into clean dry footwear before walking out into the main part of the hall.

HYDRATION

Please bring a water bottle. There are sinks to fill and refill your H2O, but glasses are not provided. We should not be going into the kitchen.

ALLERGY AWARENESS

Table Tennis is a scent free zone. There are people with allergies in our group. Please: NO cologne or perfume or heavily scented body washes before play.

EQUIPMENT

Our tables were bought with a small budget and they will last longer if we take care of them. Please do not lean on the tables, even when trying to reach for a ball. Please use caution when handling the nets. They are fragile.

We have a limited number of old paddles to lend. Regular participants are encouraged to provide their own.

This volunteer run Table Tennis group has been a wonderful addition to our community. *Thank You* to the many people who contribute in multiple ways. All questions and comments are welcome. And.....HAVE FUN !